
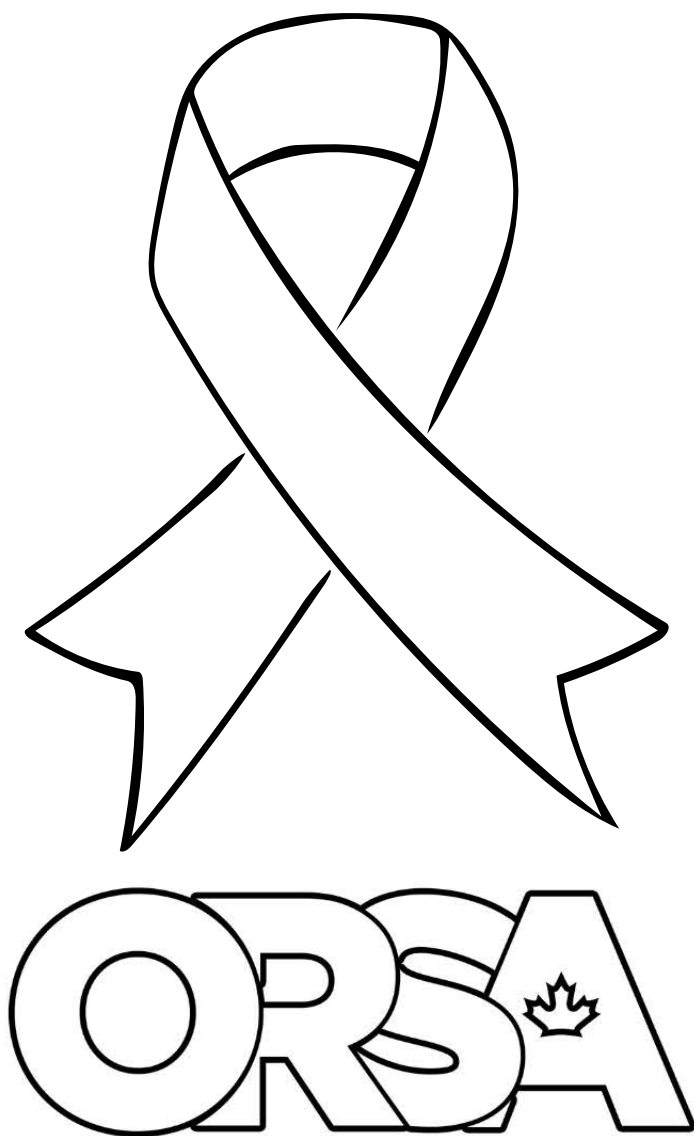


Ontario Rett Syndrome  
ASSOCIATION OF CANADA



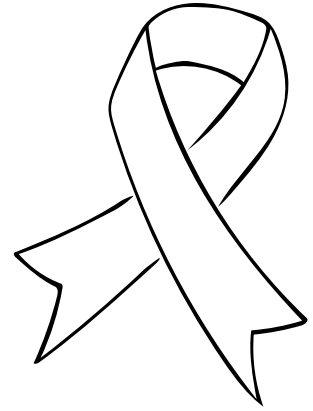
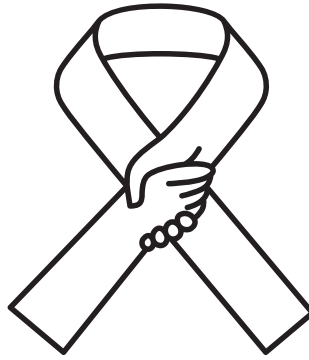
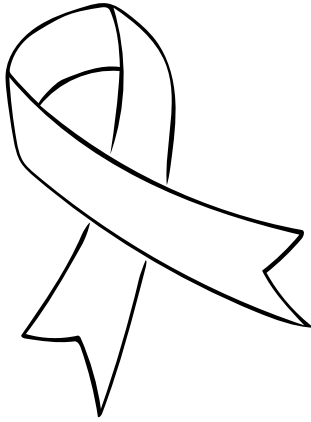
# RETT SYNDROME AWARENESS ACTIVITY BOOK



Ontario Rett Syndrome  
ASSOCIATION OF CANADA

Please share this activity book with family, friends,  
students, teachers, and etc. To help spread  
awareness for Rett Syndrome.

Please share photos with us at  
[info@rett.ca](mailto:info@rett.ca)  
or use #ORSAStrong on social media

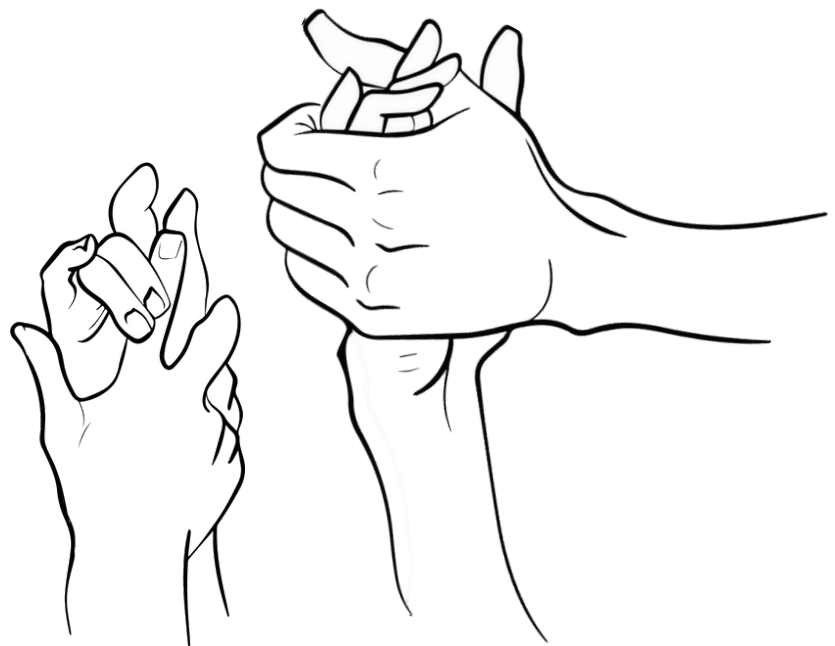
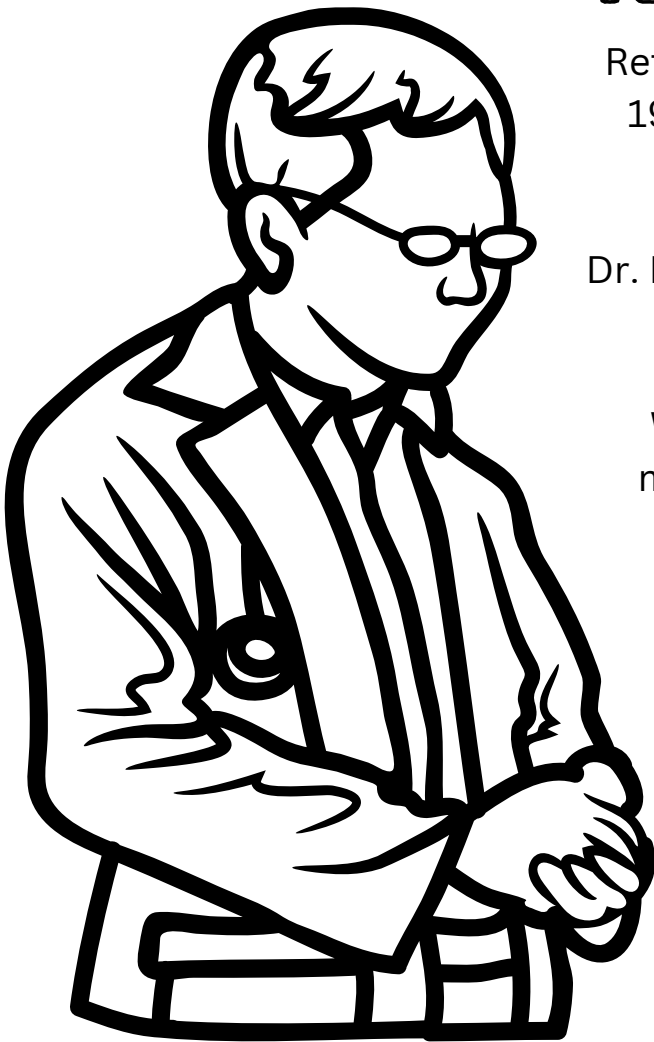


# RETT SYNDROME

Rett syndrome was named after a doctor in 1966 when he saw young girls having the same hand movements.

Dr. Rett knew at the time that this had to be a brain problem.

When the brain wires have a hard time making connections the body may have trouble talking, moving or breathing.



**Children born with Rett syndrome are loved by their family, just like you.**

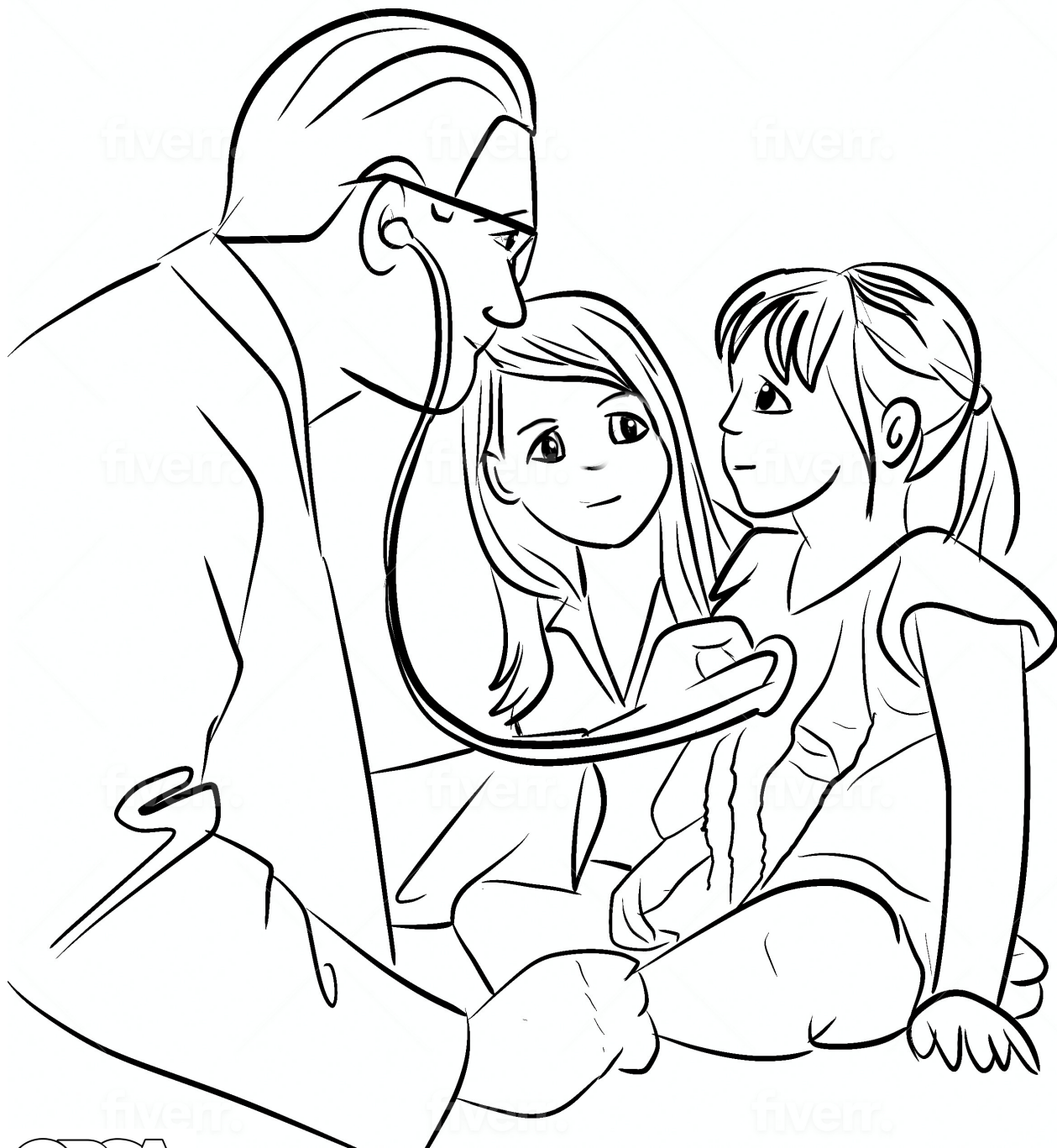




**Children with Rett syndrome may not want to play with toys  
but like hanging around you.**



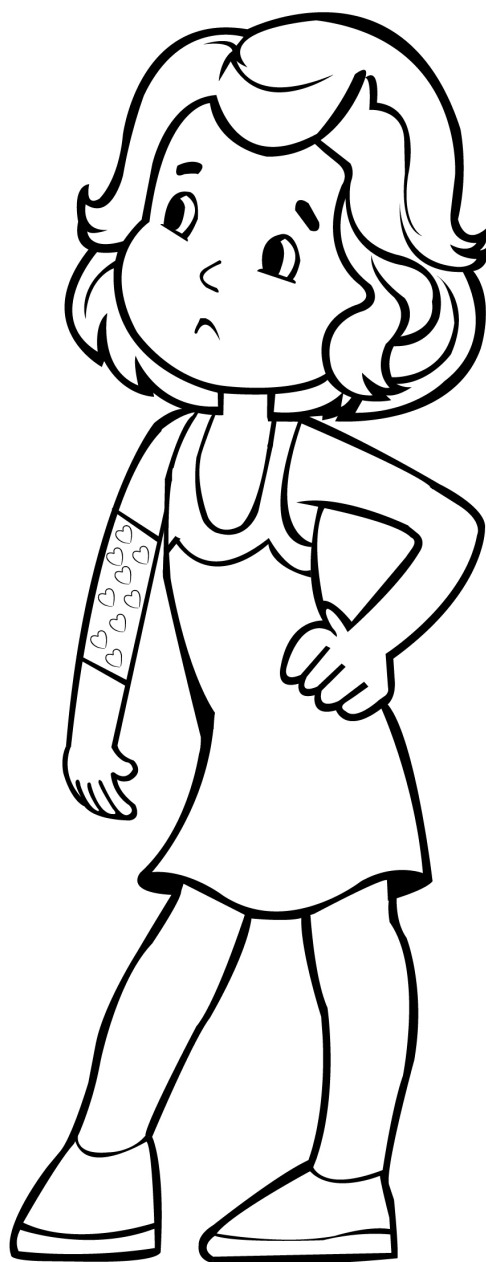
**Those with Rett syndrome may have more doctor visits to keep them healthy.**



Some individuals with Rett syndrome use a wheelchair to help them get around.



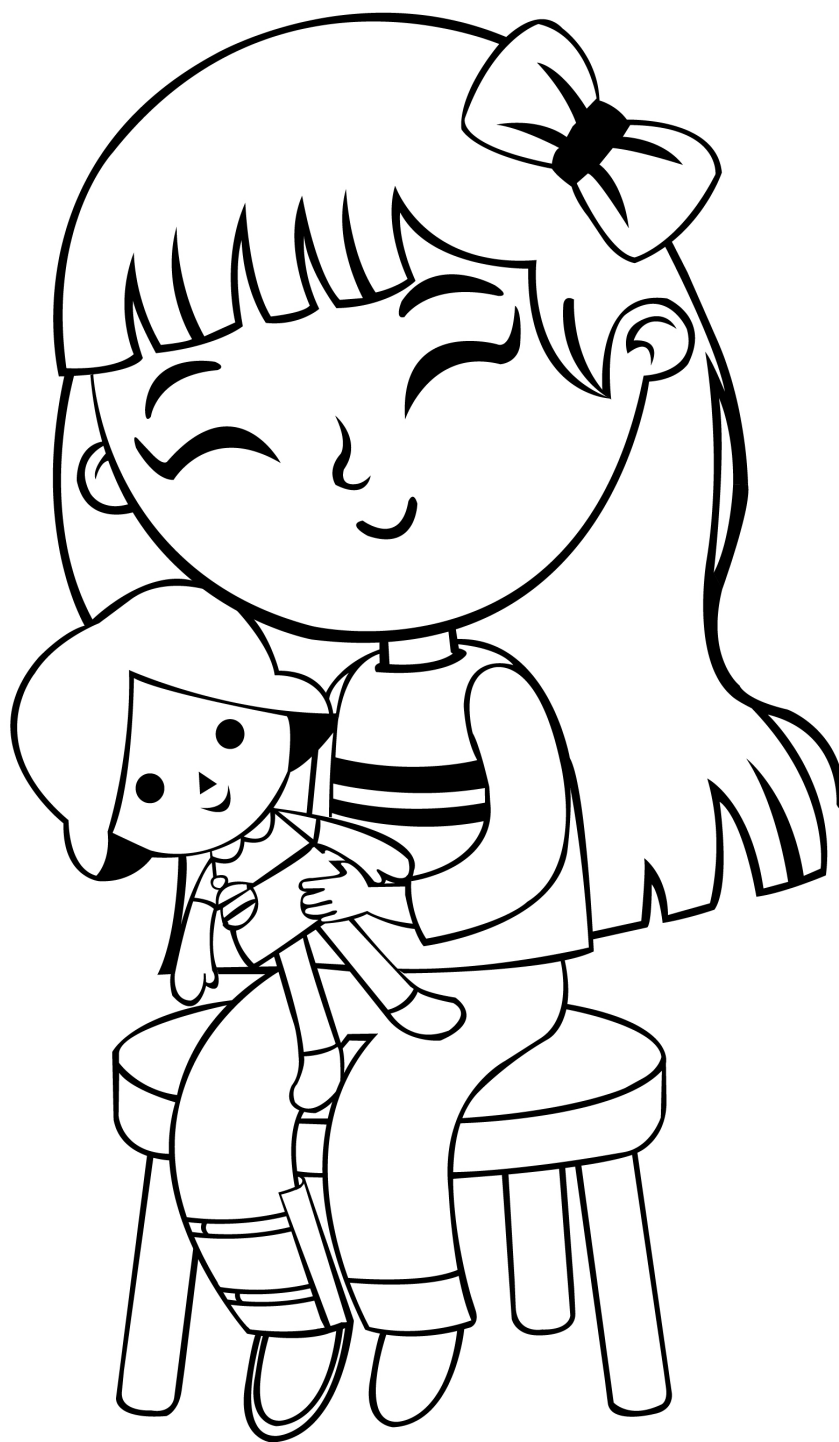
**Some individuals with Rett syndrome wear arm braces to help slow down the arm movements.**



**Some individuals with Rett syndrome may have trouble controlling their body.**

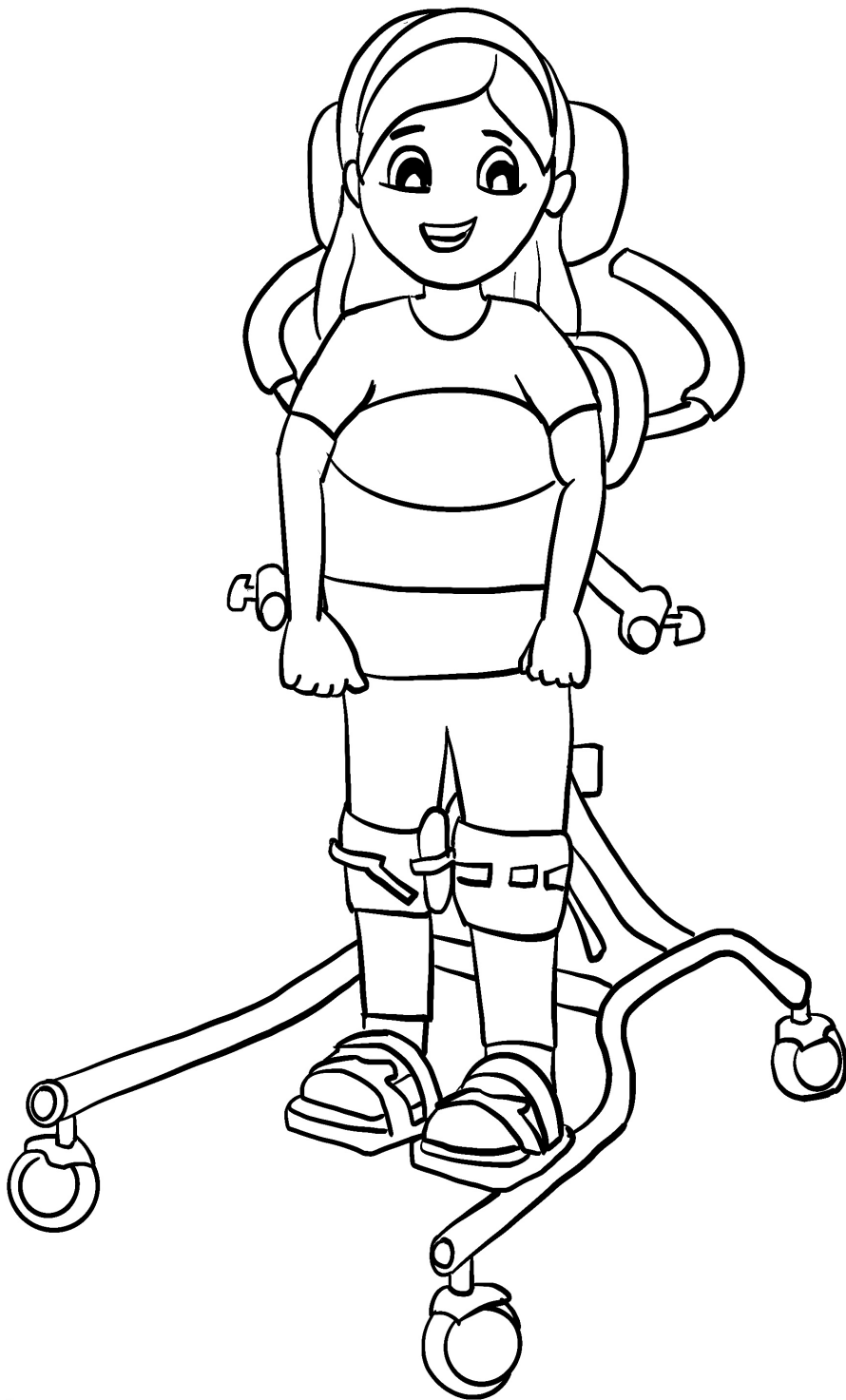


Individuals with Rett syndrome like to watch, listen and learn. They are smart, clever and funny.





**Different tools or pieces of equipment can help individuals with  
Rett syndrome if they need it.**



**Some individuals with Rett syndrome need tools to help them walk.**





**THOSE WITH RETT SYNDROME LIKE TO PLAY  
SPORTS BUT MIGHT NEED HELP!**



**Technology is amazing. With the help of a special computer  
someone with Rett syndrome could use their eyes or  
(sometimes) hands, to help them talk.**



Name: \_\_\_\_\_

## Rett Syndrome Awareness Month

K U S I H M P K B H R Z X Y B U R J C W  
P K E S B O Z N N R X R C P G X P B J W  
U L R T D Y T O T J I S L R I G A N J J  
H U N A F Y Y M K A Z S M D A L E M X O  
E B P N S K O T H M S E U E B V Y H G D  
N O J D R F C C D V S N S D X K P R J L  
P K A E S J L C J F Y E B K X F A T B R  
Y R S R A E W A L K E R O Z Y E R T W B  
T Y I I E I P A P Q C A Y C D I C E E O  
U T W H J P T R D Y G W S T Z N U R D R  
Q B W P T E W J E F X A D L F G A N E S  
P H C J U V M L W M K W Q W F S M U M A  
D D O J E B L M Q J O A B N E R V O U S  
C Q A B R X B B I G N R S S E G R B Y J  
U R S A I L E S X D A M D L H L D W U O  
W Y I I E R D F U C Y N L N L D H X M E  
O N G M J L W T E G Z O U P Y X G E Q M  
C H Z Y Q L Z X G V R X A W D S C O Y E  
C R K A Y Q Y O G T O S Q G P P P A K E  
I R I P G Q O C S V S U U T 2 M G O V S

---

### FIND THESE HIDDEN WORDS.

**Words can be found forward, backward, and diagonal.**

ARM  
BRAIN  
NERVOUS  
STROLLER

AWARENESS  
DNA  
ORSA  
SYNDROME

BOYS  
GIRLS  
RETT  
WALKER

BRACE  
MECP2  
STANDER  
WHEELCHAIR

Name: \_\_\_\_\_

## Rett Syndrome Awareness Month

J E Y P X U N J Q U B S R S L F K Y G N B G K Q J  
S S C I T E N E G D C B I K I A Q B B D M R I W X  
I T G W I M Q E O P C C N W X S G H T N O I Z H B  
W S R M W M Q T L E M Y I Q N G O U S E T A D O I  
S D C O E Z B F L R E O N N U X H H O T O H A V F  
C I J C L C R T O O F - E L K N A Z T J R C P A K  
V A P T W L A A U E Q U Y X D T M S Q R X L F N S  
M 2 V T S M E R A M R R N G W O P O R S O E K W S  
T U F E W V V R B O M I N U U A W Q O O R E K C J  
D O Y R R W G W L R J K U N Z I L D R Q M H H B H  
I E S D R E K O N D Z B F C I Y W K E B Z W E I E  
Y Z X P S S G Q Q N F Z Z K E Z T R E I K K X H C  
N V V B A I B X Q Y O K P L S V A G I R M F S W I  
X B G U C N S E K S V F V G G R N Z P B P T A I N  
K A G A Q F D T G K I N K V M I Z Z Z P R K X O T  
L M L F G U S I L A D A G F R F C G D O S A I A L  
D O F S S Q Y W V O R N L A W A R E N E S S V F F  
I U K N R H O R O Q I U C Y X E R G J T U H H E N  
S R C S G H B S B M T O O Q J C T G D L H K D G I  
D E I G Y M L D M P C A S C U B V B C A R O N T A  
P C K J X L F I G R E D R O S I D N O A X I W R R  
R H U U I B W A E F U C Z M S X I N I L V M D E B  
Z T I K D S S A N W E R E D N A T S I O W Z O N G  
Q U S L R I G V F G U R M I B V F Z L S R V C Q B  
N L X R O S R G R Y G O C P W K S U O V R E N K L

### FIND THESE HIDDEN WORDS.

Words can be found forward, backward, and diagonal.

ANKLE-FOOT  
BRAIN  
DNA  
INCLUSION  
NEUROLOGICAL  
SKILLS  
SYNDROME

ARM  
BRAVE  
EYES  
LOVING  
ORSA  
STANDER  
WALKER

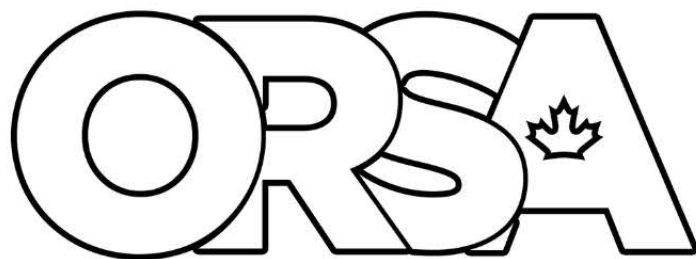
AWARENESS  
CARING  
FUNNY  
MECP2  
ORTHOSIS  
STROLLER  
WHEELCHAIR

BOYS  
COURAGE  
GENETICS  
MOTOR  
RARE  
STRONG

BRACE  
DISORDER  
GIRLS  
NERVOUS  
RETT  
SWIMMING

Thank  
You

FROM



Ontario Rett Syndrome  
ASSOCIATION OF CANADA